

HUDSON MOHAWK REGION FARMERS' MARKET GUIDE



FRESH.LOCAL.CONNECTED

DISCOVER, SHOP & CONNECT

Discover the best of local agriculture with the Hudson Mohawk Region Farmers' Market Guide—your go-to resource for fresh food, vibrant community spaces, and the farmers who make it all possible. Stretching across a diverse and fertile landscape, the Hudson Mohawk region is home to a rich network of farmers' markets that bring together growers, producers, and neighbors in celebration of seasonal abundance.

From crisp spring greens and sweet summer berries to hearty fall harvests and handcrafted goods, farmers' markets offer more than just food—they create connections. Each market is a place where you can meet the people behind your meals, learn how your food is grown, and support small farms and local businesses that are vital to the region's economy and character.

This guide is designed to help you explore markets throughout the Hudson Mohawk region, with information to help you find farmers' markets. Whether you're a longtime market shopper or visiting for the first time, you'll find opportunities to eat well, shop locally, and experience the unique flavor of our communities.

Join us in supporting local agriculture and strengthening the connection between farms and families—one market visit at a time.



WHY SHOP AT FARMERS' MARKETS



Farmers' markets in the Hudson Mohawk region offer a unique way to experience the best of local agriculture while supporting the people who grow your food. With fruits, vegetables, meats, dairy, baked goods, and handmade products, markets showcase the richness and diversity of the region.

Fresh, Local Flavor

Most products are harvested or made shortly before market, delivering peak freshness, better taste, and strong nutritional value.

Support Local Farms & Communities

Every purchase goes directly to farmers and producers, helping sustain small businesses, protect farmland, and strengthen the local economy.

Seasonal Variety

Shopping at the market connects you to the natural rhythm of the seasons—from spring greens and fresh eggs to summer berries and fall apples.

Know Your Food

Meet the farmers, ask questions, and learn how your food is grown or produced. This transparency builds trust and helps you make informed choices.

A Community Gathering Place

Farmers' markets are more than shopping destinations—they're lively community hubs where neighbors connect, families gather, and local culture thrives.

Better for the Environment

Buying local reduces food miles, packaging, and waste while supporting sustainable farming practices.

Choosing to shop at farmers' markets means investing in fresh food, local livelihoods, and a healthier, more connected Hudson Mohawk region.

WHAT YOU'LL FIND AT OUR REGION'S FARMERS' MARKETS

Farmers' markets in the Hudson Mohawk Region are vibrant showcases of the area's rich agricultural heritage and local creativity. No matter the season, you'll discover an ever-changing selection of fresh, locally produced goods straight from the people who grow and make them.

Fresh, Seasonal Produce

From crisp spring greens to summer berries and fall apples, fruits and vegetables are the heart of every market—often harvested just hours before they arrive.

Meat, Dairy & Eggs

Find responsibly raised meats, farm-fresh eggs, and artisanal dairy products like milk, yogurt, and handcrafted cheeses from regional farms.

Baked Goods & Prepared Foods

Enjoy fresh breads, pastries, and ready-to-eat meals made with local ingredients—perfect for breakfast at the market or a quick lunch.

Pantry Staples

Stock up on maple syrup, honey, jams, pickles, and other preserved goods that capture the flavors of the region year-round.

Flowers, Plants & Garden Goods

Seasonal bouquets, seedlings, herbs, and nursery plants bring the beauty of local farms to your home and garden.

Handcrafted & Specialty Items

Many markets feature local artisans offering handmade soaps, candles, textiles, and unique gifts alongside food vendors.

A Community Experience

Beyond the products, farmers' markets are gathering places—often featuring live music, cooking demos, and opportunities to connect directly with farmers and neighbors.



TIPS FOR SHOPPING AT FARMERS' MARKETS

Shopping at farmers' markets is a rewarding way to connect with local farms and enjoy the freshest seasonal foods. A little planning can help you make the most of your visit.

Go early—or go late.

Arrive early for the best selection, especially for popular items like eggs, meats, and baked goods. Stop by near closing time for potential deals as vendors look to sell remaining products.

Bring cash (and a bag).

While many vendors accept cards, cash is still king at many markets. Bring reusable bags or a basket to carry your purchases.

Shop with the seasons.

Produce availability changes throughout the growing season. Be open to trying what's freshest—spring greens, summer berries, or fall squash—and plan meals around what you find.

Talk to your farmers.

Vendors are a wealth of knowledge. Ask how products are grown, how to store them, or for recipe ideas. Building relationships adds value to your shopping experience.

Take a lap first.

Walk through the entire market before buying to compare offerings, prices, and quality. This helps you make informed choices and discover new favorites.

Try something new.

Farmers' markets are the perfect place to experiment with unfamiliar vegetables, artisanal foods, or locally made products.

Know your budget.

It's easy to get carried away with so many great options. Set a spending limit and prioritize what matters most to you.

Support a variety of vendors.

Spread your purchases among different farms and producers to help strengthen the local agricultural economy.



HMR FARMERS' MARKETS

Ballston Spa Farmers' Market

Wiswall Park
Front St. & Low St.
Ballston Spa, NY 12020
Saturday 9am-1pm 6/13-10/3
ballston.org



Cambridge Valley Farmers' Market

Owl Kill Commons, 17 W. Main St.
Cambridge, NY 12816
Sunday 10am-1pm 5/17-10/25
cambridgevalleyfarmersmarket.com



Canajoharie Farmers' Market

Lee's Shops at Wagner Square
Canajoharie, NY 13317
Sunday 11am-2pm May-Oct.



Capital District Farmers' Market

Menand's Market Pavilion
381 Broadway
Menands, NY 12204
Saturday 10am-2pm May-Oct.
cdregionalmarket.com

Catskill Farmers' Market

145 Water St.
Catskill, NY 12414
Sunday 10am-1pm 5/24-10/25
catskillfarmersmarket.org



Clifton Park Farmers' Market

Shenendehowa Methodist Church
971 Rt. 146
Clifton Park, NY
Monday 2pm-5pm May-Oct.
saratogafarmersmarket.org



Copake Hillsdale Farmers' Market

Roeliff Jansen Park
9140 Rt. 22
Hillsdale, NY 12529
Saturday 9am-1pm 5/16-11/21
copakehillsdalefarmersmarket.com



Colonie Farmers' Market at The Crossings

580 Albany-Shaker Rd.
Loudonville, NY 12211
Saturday 9am-1pm 5/16-9/19
townofcolonie.gov/departments/park
sandrec/thecrossings/farmersmk

Coxsackie Farmers' Market

Riverside Park
1 Betke Blvd.
Coxsackie, NY 12051
Wednesday 4pm-7pm 5/22-10/2



Delaware Area Neighborhood Farmers' Market

331 Delaware Ave.
Albany, NY 12209
Tuesday 4pm-7pm July-Oct

Delmar Farmers' Market

Bethlehem Middle School
700 Delaware Avenue
Delmar, NY 12054
Saturday 9am-1pm 5/2-12/19
delmarmarket.org



Empire State Plaza Farmers' Market

Outdoor on the Plaza (Summer)
Indoor on the Concourse (Winter)
Albany, NY 12242
Wednesday 10am-2pm
empirestateplaza.ny.gov

Fort Edward

Canal Street Marketplace
63 Canal St.
Fort Edward, NY 12828
Thursday 4pm-7pm June-Oct.
canalstreetmarketplace.org



Gansevoort Farmers' Market

Gansevoort Village Park
Catherine Street
Gansevoort, NY 12831
Tuesday 3pm-6pm 6/16-10/27

Germantown Farmers' Market

50 Palatine Park Rd
Germantown, NY 12526
Saturday 10am-1pm 5/23-10/10
germantownfarmersmarket.com



Gloversville Farmers' Market

Elm Street Pavilion at St. Thomas
Square
Gloversville, NY 12078
Saturday 8:30am-12:30pm
May-Oct.
fmfma.org

Grow Amsterdam Farmers' Market

100 Church Street
Amsterdam, NY 12010
Saturday 9am-1pm 6/6-10/31
growamsterdamny.org



Guilderland Farmers' Market

2350 Western Ave.
Guilderland, NY 12084
Sunday 10am-2pm July-Oct.
allmymarkets.com



Halfmoon Farmers' Market

1 Halfmoon Town Plaza
Halfmoon, NY 12065
Summer Wed. 3pm-6pm at
Abele Park
Winter Wed. 2pm-5pm Town Hall



Hudson Farmers' Market

6th St. & Columbia St. (Summer)
Elks Lodge 201 Harry Howard Ave.
(Winter)
Hudson, NY 12534
Saturday 9am-1pm 4/18-11/28
Saturday 10am-1pm 12/5-4/10
hudsonfarmersmarketny.org



Johnstown Farmers' Market

Briggs Street Recreational Park
Briggs St. and Jansen Ave.
Johnstown, NY 12095
Tuesday 2pm-5pm June-Oct.
fmfma.org

HMR FARMERS' MARKETS

Kinderhook Farmers' Market

Kinderhook Village Square
1 Hudson St.
Kinderhook, NY 12106
Saturday 8:30am-12:30pm
May-Oct.



New Lebanon Farmers' Market

528 HWY 20
New Lebanon, NY 12125
Daily 9am-7pm Open all year
newlebanonfarmersmarket.com



Niskayuna Farmers' Market

Niskayuna High School
1626 Balltown Road
Niskayuna, NY 12309
Sat. 8:30am-12:30pm 7/11-10/17



Rensselaer Farmers' Market

Riverfront Park
371 Empire State Trail
Rensselaer, NY 12144
Thursday 4pm-7pm 6/5-9/24
rensselaerny.gov



Saratoga Farmers' Market

112 High Rock Ave. May-Oct.
Wilton Mall November-April
Saratoga Springs, NY 12866
Wednesday 3pm-6pm May-Oct.
Saturday 9am-1pm May-Oct.
Saturday 9:30am-1:30pm -
November-April
saratogafarmersmarket.org



Schaghticoke Farmers' Market

Hoosic Valley Farmers Exchange
520 Madigan Rd.
Schaghticoke, NY 12154
Thursday 4pm-6:30pm May-Oct.



Schenectady Farmers' Market

Outside City Hall, 105 Jay St.
Schenectady, NY 12305
Thursday 9:30am-1:30pm
May-November



Schenectady Greenmarket

Franklin St. & Jay St. (Summer)
Proctor's 432 State St. (Winter)
Schenectady, NY 12305
Sunday 10am-2pm
schenectadygreenmarket.com



Schodack Farmers' Market

1836 Columbia Turnpike
Castleton, NY 12033
Wednesday 3pm-7pm
6/17-10/14



Schoharie County Farmers' Market

Cobleskill Fairgrounds
113 Sunshine Drive
Cobleskill, NY 12043
Sunday 10am-1pm 5/24-10/11
schohariecountyfarmersmarket.com



Slate Valley Farmers' Market

Veterans Memorial Park
Quaker St. & Morrison Ave.
Granville, NY 12832
Wednesday 3pm-6pm June-Oct.
slatevalleyfarmersmarket.org



Spa City Farmers' Market

Saratoga Spa St. Park
65 South Broadway
Saratoga Springs, NY 12866
Sunday 10am-2pm
Thursday 4-7pm June-Sept.
spacityfarmersmarket.com



Stillwater Farmers' Market

Stillwater Village Hall
662 Hudson Ave.
Stillwater, NY 12170
Tuesday 3pm-6pm May-Oct.



Troy Waterfront Farmers' Market

Monument Square, Troy May-Oct.
Troy Atrium Nov.-April
Troy, NY 12180
Saturday 9am-2pm
troymarket.org



Voorheesville Farmers' Market

First United Methodist Church
68 Maple Ave.
Voorheesville, NY 12186
Wednesday 3:30pm-6:30pm
6/17-9/30
voorheesvillefarmersmarket.com



Washington Park Farmers' Market

Knox Street Mall Rd.
Albany, NY 12210
Saturday 10am-2pm July-Oct.
allmymarkets.com



Waterford Harbor Farmers' Market

1Tugboat Alley
Waterford, NY 12188
Sunday 9am-1pm June-Oct.
waterfordharbormarket.com





Harvest Connection is your trusted resource to fresh, local food in New York's Hudson Mohawk Region. By connecting residents and visitors with area farms, farmers' markets, CSAs and local food businesses, Harvest Connection makes it easy to find and support the people who grow your food. The Hudson Mohawk Region Farmers' Market Guide was proudly developed by the Harvest Connection team, whose dedication helps connect residents and visitors with local farms, farmers' markets, CSAs and food producers.



WWW.HARVESTCONNECTION-NY.COM