What's in Season this Winter?

If you're looking for locally grown produce, the following fruits and vegetable may be available (depending on supply) from farms or farmers' markets in the Capital Region:

<u>January</u>	<u>February</u>	<u>March</u>
Beets	Apples	Apples
Apples	Rhubarb	Rhubarb
Rhubarb	Beets	Beets
Cabbage	Cabbage	Cabbage
Carrots	Carrots	Carrots
Garlic	Garlic	Lettuce (greenhouse)
Leeks	Leeks	Mushrooms
Lettuce (greenhouse)	Lettuce (greenhouse)	Onions (cooking)
Mushrooms	Peppers (greenhouse)	Onions (red)
Onions (cooking)	Potatoes	Parsnips
Onions (red)	Mushrooms	Peppers (greenhouse)
Parsnips	Onions (cooking)	Potatoes
Potatoes	Onions (red)	Rutabaga
Rutabaga	Parsnips	Sprouts
Sprouts	Rutabaga	Squash
Squash	Sprouts	Sweet Potatoes
Sweet Potatoes	Squash	Tomatoes (greenhouse)
	Sweet Potatoes	
	Tomatoes (greenhouse)	